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KA1 Vocational Education Training Project in «Caprifolen» SWEDEN



the project

Caprifolen is a horse centre for rehab, mostly for people with disabilities. Horse sports (vaulting mostly) both training and competitions, camps, musical, circus and performance.

Trainees will help with the training and education of horses. They will also help taking care of the horses and the stables everyday needs. The weekly activities at Caprifolen

are rehab, vaulting, circus, gymnastic and dance training for young people in different groups with or with disabilities. Every year Caprifolen arranges competitions in vaulting and PARA-vaulting, musical performance for large audience both at Caprifolen and on other places. And summer camps for young people from all over Sweden. Volunteers will have different tasks

after interested and skills in the different arrangement. It can be taking bigger responsibility for the horses, documentation, do the warm-up, social media, prepping the arena for competitions or shows, training horses for circus tricks together with the members, and so on.

accommodation and meals

The volunteers will stay at Caprifolen horse centre in a clubhouse and camp area, 200 meters from where the horses live. In their house there is a kitchen where they can cook all their food, and also shared bathrooms. For transportation there is a car if the volunteers have driving license

and bikes if not. Caprifolen will help with shopping if needed. When Caprifolen have events or summer camps. We will do the cooking and the volunteers will eat with us.

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For the project, trainees need to be ...

- True interest in horses.
- Wants to work with young people with/without disabilities.

Good to have:

- Skilled horse riding
- Driving license
- Creativity
- Flexibility

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in « Caprifolen »

SWEDEN

the hosting organisation

Name: **Caprifolen**

Mentors: **Minna Slottheden**

Website: www.caprifolen.se

For more information and testimonies
visit Everything is Possible website or
scan this QRcode



the project place Våxtorp

Våxtorp is the closest small town for shopping food. They have one groceries store, two restaurants, some small shops and a café and bakery. Fun activities close by; Summerbob sleigh, Zipline, Bungy rocket, climbing,

downhill biking, skiing. Visits to nature park for hiking. Trips to the ocean or lakes close by where you can canoe.

Location



The country



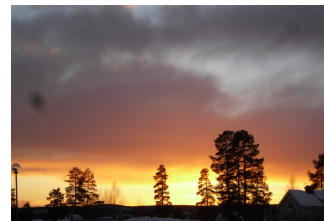
Climate: Four seasons. In the winter there is sometimes snow.

Capital: Stockholm

Currency: SEK

Official language: Swedish

Time zone: +1 hour



The language

A few words in Swedish:

Hej	Hello
Hej då	Good by
Tack	Thank you
Fika	Coffe break
Hur mår du ?	How are you ?
Jag mår bra	I feel good
Häst	Horse
Nej	No
Ja	Yes
Lagom	Just enough

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